

June 1-2, 2024

# Santa Catalina

14380 N DRAGLE RD, TUCSON 85739  
WWW.SANTACATALINAPARISH.ORG

## Catholic Church

A REDEMPTORIST COMMUNITY

### Parish Pastor

Fr. Huy Vu, C.Ss.R  
vuh@santacatalinaparish.org

Deacon Flavio Sanchez

Deacon Alfonso De LaRiva

### Parish Office

(520)-825-9611

Monday - Friday 9 am - 3 pm

### Mass Schedule

#### Daily Mass

Monday - Friday 8:00 am

#### Weekend Mass

Saturday Vigil, 4:00 pm

Sunday 7:00 am, 9:00 am,  
11:00 am (Bi-lingual), 5:00 pm

#### Reconciliation

Wednesday 8:45 - 10:00 am

Saturday 2:30 pm - 3:30 pm

... or by appointment

#### Anointing of the Sick

First Friday of the month  
at 8:00 am Mass

... or by appointment

#### Eucharistic Adoration

In the church, Wed 8:30 - 11 am  
Benediction at 10:45 am. Chapel  
hours, Mon-Thu 8am - 2:30 pm

#### Rosary in the Church

Monday-Friday 7:30 am



## Solemnity of the Most Holy Body and Blood of Christ

#### Parish Mission:

As members of God's Faith Community at Santa Catalina Catholic Parish, we commit our lives to being the voice, hands, and spirit of Christ, as our way of continuing God's call to love and peace.

#### Misión Parroquial:

Como miembros de la Comunidad de Fe de Dios en la Parroquia Católica Santa Catalina, comprometemos nuestras vidas a ser la voz, las manos y el espíritu de Cristo, como nuestra forma de continuar el llamado de Dios al amor y la paz.

## Parish Vision:

Together as a parish, we will strengthen our spiritual and personal lives so we can live out our mission as disciples. Led by the Redemptorist Charism, we will follow Christ the Redeemer, to build communities where all people can encounter the message of plentiful redemption, to serve the most abandoned, to minister to those in need and to be evangelized by them.

## Visión Parroquial:

Juntos como parroquia, fortaleceremos nuestra vida espiritual y personal para que podamos vivir nuestra misión como discípulos. Guiados por el Carisma Redentorista, seguiremos a Cristo Redentor, para construir comunidades donde todas las personas puedan encontrar el mensaje de abundante redención, y servir a los más abandonados, ministrar a los necesitados y ser evangelizados por ellos.

THIS IS OUR PARISH — ENGAGE — BE PART OF THE VISION



### Spiritual

Providing ways for us to enter into a closer relationship with God and be excited & understand our faith

Adoration
Bible Study
Daily Rosary
Hispanic Ministry
Cultvando Mi Fe
Matachines
Society of Our Lady of Guadalupe
Men's Fellowship Group
R.C.I.A.
Religious Education
Vocations Ministry
Women's Prayer Group

### Personal

Providing help for people to care for their bodies and minds

AA
Al-Anon
Arts & Crafts Group
Book Bunch
Game Night
Mental Health Ministry
Outreach Ministry
Sassy Solos
YogaFaith

### Pastoral

Meeting the needs of our home, the parish, to support the parishioners

Communion Ministry with the Sick and Homebound
Finance Council
Funeral Ministry
GriefShare
Liturgical Ministry:
Altar Servers
Art & Environment
Eucharist
Hospitality
Lector
Martha's Kitchen
Music Ministry
Pastoral Council
Stephen Ministry

### Outreach

Serving most in need & abandoned and to be evangelized by them

Dignity of Human Life
Knights of Columbus
Monthly Food Drive
Prayer Shawl Ministry
Project Linus Quilters
Social Awareness & Justice Ministry:
Caring For God's Creation
Casa Alitas
Casa Maria
Christ Child Society of Tucson
Dress a Girl Around the World
Local Immersion Ministry
Poor Box Program
Prison Ministry
Refugee Ministry
Snack Pack Program
Sr. Jose Women s Ministry
Troubled Youth
St Vincent de Paul

# This Week's Parish Ministry Meetings and Events

Day	Time	Meeting/Event	Location
<b>Mon, Jun 3</b>	10:00 AM	St. Vincent de Paul	Marian Room
	4:00 PM	Music Ministry/choir rehearsal	Church
<b>Tues, Jun 4</b>	9:30 AM	YogaFaith	Catalina Room
	5:30 PM	Music Ministry - Bilingual Choir	Church
	6:00 PM	Men's Prayer Group	Marian Room
	6:00 PM	Women's Prayer Group	Saguaro Room
<b>Wed, Jun 5</b>	8:30 AM	Eucharistic Adoration	Church
	8:45 AM	Reconciliation	Church
	9:00 AM	Cultivando Mi Fe	Mesquite/Ocotillo
	10:00 AM	St. Vincent de Paul	Marian Room
	1:00 PM	Understanding Sunday Scripture	Catalina Room
	6:30 PM	R.C.I.A.	Mesquite Room
<b>Thurs, Jun 6</b>	9:00 AM	Fingerprinting	Parish Hall
	9:30 AM	Hispanic Ministry Meeting	Mesquite Room
	4:00 PM	Al-Anon "High Hopes" Meeting	Marian Room
	7:00 PM	AA Meeting	Marian Room
<b>Fri, Jun 7</b>			
<b>Sat, Jun 8</b>	2:30 PM	Reconciliation	Church
	5:00 PM	Parish Game Night	Parish Hall
<b>Sun, Jun 9</b>	3:30 PM	R.C.I.A.	Mesquite

## Contacts

520-825-9611

<b>Pastor</b>	<b>Fr. Huy Vu, C.Ss.R.</b>	<b>x 101</b>	<b><a href="http://frhuysantacatalinaparish.org">frhuysantacatalinaparish.org</a></b>
Compliance	Donna Opsatnick		<a href="mailto:DOpsatnick@diocesetucson.org">DOpsatnick@diocesetucson.org</a>
Finance	Pia Smith	x 110	<a href="mailto:pcsmith@santacatalinaparish.org">pcsmith@santacatalinaparish.org</a>
Funeral Ministry	Madeline Rugama	x 104	<a href="mailto:mrugama@santacatalinaparish.org">mrugama@santacatalinaparish.org</a>
Hispanic Ministry	Laura Gallegos	x 106	<a href="mailto:HispanicMinistry@santacatalinaparish.org">HispanicMinistry@santacatalinaparish.org</a>
Liturgy	Sophie Zvonar	x 105	<a href="mailto:szvonar@santacatalinaparish.org">szvonar@santacatalinaparish.org</a>
Music Director	Rouzbeh Tebyanian	x 109	<a href="mailto:rtebyanian@santacatalinaparish.org">rtebyanian@santacatalinaparish.org</a>
Office Admin.	Donna Opsatnick		<a href="mailto:Lobby@santacatalinaparish.org">Lobby@santacatalinaparish.org</a>
RE Coordinator	Katharine Lopez	x 108	<a href="mailto:RE@santacatalinaparish.org">RE@santacatalinaparish.org</a>
Bulletin			<a href="mailto:bulletin@santacatalinaparish.org">bulletin@santacatalinaparish.org</a>

## Free Vacation Bible School June 10-14, 9AM to Noon

Registration is now open for Vacation Bible School at Santa Catalina Catholic Church. Children Kindergarten-5<sup>th</sup> grade will embark on an exciting wilderness adventure through the sacraments at this year's VBS. Kids will love all the crafts, games, songs, skits and snacks as they learn about and draw closer to Christ! Through the



generosity of Santa Catalina Parish, this year's VBS is *Free*. Scan the QR code to register. Space is limited, register today. Questions?

Email Katharine at [RE@santacatalinaparish.org](mailto:RE@santacatalinaparish.org).

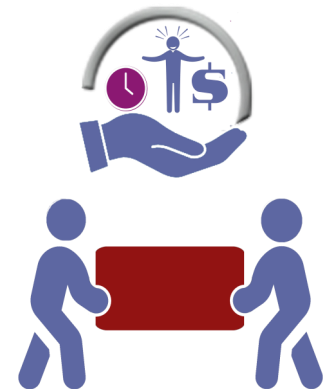


## Do You Have Time To Help Set-Up for Events at Church?

From time to time our Maintenance Coordinator, Dave Geer, could use some help setting up tables and chairs for events in the Parish Hall. If you would like to volunteer time on an as-needed basis, please

contact Dave at 520-825-9611, extension 103 to let him know that he can contact you when needed.

Thank you, in advance, for your Stewardship.



Reminder - If you have not responded to the Annual Catholic Appeal please visit [Annual Catholic Appeal – Catholic Foundation for the Diocese of Tucson](#) and remember to indicate that you are from Santa Catalina parish.



## Enrolling Now!

- Faith-focused Catholic School
- Academic Excellence
- Educating the Whole Child

**Schedule a tour today!**



### YogaFaith will only meet on June 4 in June...

...we will be back to our normal schedule in July.

YogaFaith meets every Tuesday from 9:30-10:30 in the Santa Catalina room located in the Parish Hall.

Please bring a mat and wear

comfortable clothing that allows you to stretch and move in various standing, sitting, kneeling and prone postures. We begin with a prayer and ask for special intentions. Through cleansing breaths, we ask the Holy Spirit to be with us as

we stretch and move to realign our standing posture, strengthen our core and improve our balance. All are welcome.



### Did you know that 1 in 5 adults experiences a mental health disorder in a given year?

That's 60 million Americans. Mental illnesses are medical conditions that can disrupt a person's thinking, feeling, mood, ability to relate to others and daily functioning. Just as diabetes is a disorder of the pancreas, mental illnesses are brain-based conditions that often result in a variety of symptoms that can affect daily life.

Mental illnesses include depression, schizophrenia, bipolar disorder, obsessive-compulsive disorder (OCD), post-traumatic stress disorder (PTSD), anxiety,

borderline personality disorder and others.

When people are diagnosed with mental illness, finding effective medical and psychiatric care is the first priority. But once such treatment begins, individuals living with mental health challenges and their families soon discover that the illness affects many aspects of their lives.

Every person with mental illness requires his/her own treatment plan tailored to a specific situation. National Alliance on Mental Illness (NAMI) Southern

Arizona recommends that individuals consider some combination of medication, psychotherapy and lifestyle choices along with community support to facilitate robust recovery.

If you or a family member is dealing with mental illness, contact NAMI Southern Arizona at 520-622-5582 or go to [namisa.org](http://namisa.org) for more information on resources available to help.



**The June Book Bunch meeting has been cancelled.**

July 11. *One of Our Own* by Will Cather

Aug. 8 *The Legend Of Colton H. Bryant* by Alexandra Fuller

Sept. 12 *The Other Einstein* by Marie Benedict

**Parish Game Night, June 8th**



5 p.m. to 8 p.m. in the Parish Hall. Family Fun Night, Ages 3 to 103. Join us for a delicious dinner, board games, cards, lots of laughs, and fellowship. Please bring a desert to share.

### Al-Anon & AA Meetings

Thursdays in the Marian Room, Al-Anon is 4-5:00 PM, contact Judy at 520-639-8650. AA is 7-8:30 PM, contact Art at 520- 825-5218.



As summer approaches, we anticipate the scorching heat of the Tucson summer, as well as the refreshing, cooling rains of the monsoons that replenish life in the desert.

There are times when we experience a dry desert in our lives. Spiritual crisis, loss of a loved one, loneliness, illness, disability, divorce, broken relationships, job loss, and many other challenges. In these times, we thirst for a “cooling cup of water” to revive our body and spirit.

God never intended for us to thirst alone in our times of need.

Stephen Ministers are caring Christians who want to make a difference in the lives of those who are hurting. They are compassionate, trustworthy, skilled, and full of faith—someone who will exercise strict confidentiality, who will not judge, who will listen and walk faithfully with you in a distinctively Christian, one-to-one caring relationship on your journey of healing.

If you or someone you know could benefit from Stephen Ministry, please

1) Contact the church office at 520-825-9611, or 2) Judy



Rossman at cell 206-660-5268; email at [StephenMinistry@santacatalinaparish.org](mailto:StephenMinistry@santacatalinaparish.org), or

3) find us on the Santa Catalina Parish webpage at <https://santacatalinaparish.org/StephenMinistry.html>.

All information is held in strict confidentiality.

### GriefShare This Summer

Losing a loved one is very difficult. GriefShare can be of help. It is a Christian-based video program with excellent presenters, professional counselors and psychologists, as well as people who share their stories of how they cope with the loss of loved ones.

During thirteen sessions, participants view and discuss the videos and related workbook material.

There is a \$20 fee for the required GriefShare workbook. You may purchase it when you register at the first session. You may also purchase the workbook on-line and register at [griefshare.org](http://griefshare.org)



#### Schedule:

Fridays. 10 AM - Noon

Jun 7 through Sept 6

No session June 14

### “GriefShare” durante este verano

Perder a un ser querido es muy difícil. “GriefShare” puede ser la ayuda necesaria. Es un programa en video, de base cristiana, con excelentes presentadores: consejeros y psicólogos profesionales, así como personas que comparten sus historias sobre cómo afrontan la pérdida de sus seres queridos. Durante trece sesiones, los participantes ven y discuten los videos y utilizan el material del libro de trabajo.

El libro de trabajo podrá ser adquirido al momento de registrarse para la primera sesión. Este libro tiene un precio de \$20. También se puede registrar en línea y adquirir el libro de trabajo en el sitio de internet [griefshare.org](http://griefshare.org)

## Prayer of the Nine-Month Novena to Our lady of Guadalupe, to be prayed throughout the 9 months from March 2 to December 12, 2024

**O** Virgin Mother of God, we fly to your protection and beg your intercession against the darkness and sin which ever more envelop the world and menace the Church. Your Son, Our Lord Jesus Christ, gave you to us as our mother as He died on the Cross for our salvation. So, too, in 1531, when darkness and sin beset us, He sent you, as Our Lady of Guadalupe, on Tepeyac to lead us to Him Who alone is our light and our salvation.

Through your apparitions on Tepeyac and your abiding presence with us on the miraculous mantle of your messenger, Saint Juan Diego, millions of souls converted to faith in your Divine Son. Through this novena and our

consecration to you, we humbly implore your intercession for our daily conversion of life to Him and the conversion of millions more who do not yet believe in Him. In our homes and in our nation, lead us to Him Who alone wins the victory over sin and darkness in us and in the world.

Unite our hearts to your Immaculate Heart so that they may find their true and lasting home in the Most Sacred Heart of Jesus. Ever guide us along the pilgrimage of life to our eternal home with Him. So may our hearts, one with yours, always trust in God's promise of salvation, in His never-failing mercy toward all who turn to Him with a humble and contrite heart. Through this novena and



our consecration to you, O Virgin of Guadalupe, lead all souls in America and throughout the world to your Divine Son in Whose name we pray. Amen.

*Raymond Leo Cardinal Burke*

### Today's Readings

**First Reading:** "This is the blood of the covenant that the LORD has made with you in accordance with all these words of his." (Ex 24:8)

**Psalm:** I will take the cup of salvation, and call on the name of the Lord. (CPs 116)

**Second Reading:**

How much more will the blood of Christ, who through the eternal Spirit offered himself unblem-

ished to God, cleanse our consciences from dead works to worship the living God. (Heb 9:14)

**Gospel:**

"Take it; this is my body." Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many." (Mk 14:22-24)

## This Week's Gospel Meditation

The best way to understand the Eucharist is to recall God's long, careful teaching process beginning in the Old Testament. This week in Exodus 24, we learn the basic pattern. Moses reads the dictates of God's law to the people, who profess their allegiance to it. Then Moses takes representatives of Israel's twelve tribes and splashes the sacrificed blood of animals in two directions: on the altar and on the people. It's clear and serious business: clear, because the participants are entering a blood-bond with God Himself; serious, because the dead animals symbolize the life-and-death stakes at play.

Many centuries later, God uses the experience at Sinai to teach us something new. At the Last Supper, like a new Moses, Jesus proposes to "pour out" blood as a new covenant. It will land on the



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En el año 304, durante el reinado del emperador Diocleciano, en Abitinia, África, hubo un grupo de 49 mártires cristianos declarados culpables por haber celebrado la Eucaristía: "No podemos ser cristianos sin la Eucaristía". Cuando leí sobre estos santos mártires, me sorprendí acerca de su entusiasmo y valor para responder sobre el amor a la Eucaristía. Ellos prefirieron el sacrificio de la muerte antes que renunciar al amor de Jesús en la Eucaristía. ¿Qué pensamos ahora de ellos? ¿Cuánto amor y respeto tengo por la Eucaristía? ¿Soy capaz de morir si me prohibieran asistir a Misa?

Creo que necesitamos muchas catequesis sobre no ser indiferentes ante Jesús Eucaristía. Seamos conscientes de lo que el Papa Francisco nos pide

altar of the cross and the lips of his disciples. They have promised to be obedient to him who is God's law in flesh. This renews and elevates the breathtaking romance God wants with His people, unfolding from Sinai to this Supper. The Body and Blood of Christ is the sacrificial action whereby this covenant is strengthened.

How hopeful that, like us, the Israelites and the apostles repeatedly fail to live up to their promises and disc over that the blood of the covenant continually renews and refreshes them. Today the blood of Christ faithfully flows, to unite and renew, moving us forward toward where our great teacher is taking us. This week, we should say a renewed

"amen" to God who so carefully teaches us how to be one with Him in this new covenant.

— Father John Muir ©LPi

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valorar: "En la Eucaristía contemplamos y adoramos al Dios del amor. Es el Señor, que no quebranta a nadie, sino que se parte a sí mismo. Es el Señor, que no exige

sacrificios, sino que se sacrifica él mismo. Es el Señor, que no pide nada, sino que entrega todo. Para celebrar y vivir la Eucaristía, también, nosotros estamos llamados a vivir este amor. Porque no puedes partir el Pan del domingo si tu corazón está cerrado a los hermanos. No puedes comer de este Pan si no compartes los sufrimientos del que está pasando necesidad". (06-06-2021). El mensaje del Papa Francisco es claro y conciso, no podemos comer de ese Pan si no nos convertimos en pan partido a los demás. ©LPi



# This Week's Liturgy Schedule

Date	Mass	Celebrant	Intention	By
Mon, Jun 3	8:00 AM	Fr. Charlie Wehrley	† James Weston	JoAnn Weston
Tue, Jun 4	8:00 AM	Fr. Charlie Wehrley	† Bennie Jacinto	By the family
			† Jose Carlo Valdez	Maria Karen Escalante
Wed, Jun 5	8:00 AM	Fr. Brian Johnson	† Sandra Joyce	Rita Quin
Thu, Jun 6	8:00 AM	Fr. Charlie Wehrley	† Manus Spanier	Melanie Hill
Fri, Jun 7	8:00 AM	Fr. Huy Vu	† For the Poor Souls in Purgatory	Peggy Hawkinson
Sat, Jun 8	4:00 PM	Fr. Huy Vu	† Donna Goode	Mike & Jan Brenny
			† Theresa Shirey	the Shirey family
	7:00 AM	Fr. Brian Johnson	For the Intentions of the Parish	
	9:00 AM	Fr. Huy Vu	† Fedora Fisher Rubio	by the daughters
Sun, Jun 9	11:00 AM	Fr. Huy Vu	† Mercedes Mondragon Hualpa	Danitza Edmondson
			† Raquel de Rodriguez	Esperanza Aquino
			† Wojciech Ziomek	Adam Kmiec
	5:00 PM	Fr. Brian Johnson	† For our deceased children & their families	Pia Smith

† = Deceased

Note: on electronic versions of the bulletin, you may also click the QR codes to visit the websites.

## Readings for the week of June 2, 2024

Sunday: Ex 24:3-8/Ps 116:12-13, 15-16, 17-18 (13)/Heb 9:11-15/Mk 14:12-16, 22-26

Monday: 2 Pt 1:2-7/Ps 91:1-2, 14-15b, 15c-16/Mk 12:1-12

Tuesday: 2 Pt 3:12-15a, 17-18/Ps 90:2, 3-4, 10, 14 and 16/Mk 12:13-17

Wednesday: 2 Tm 1:1-3, 6-12/Ps 123:1b-2ab, 2cdef/Mk 12:18-27

Thursday: 2 Tm 2:8-15/Ps 25:4-5ab, 8-9, 10 and 14/Mk 12:28-34

Friday: Hos 11:1, 3-4, 8c-9/Ps 12:2-3, 4, 5-6 (3)/Eph 3:8-12, 14-19/Jn 19:31-37

Saturday: 2 Tm 4:1-8/1 Sm 2:1, 4-5, 6-7, 8abcd/Lk 2:41-51

Next Sunday: Gn 3:9-15/Ps 130:1-2, 3-4, 5-6, 7-8 (7bc)/2 Cor 4:13—5:1/Mk 3:20

-35



# Spiritual



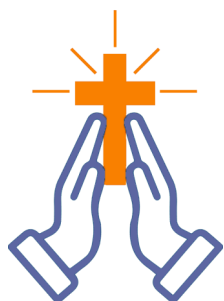
Mario Calbone  
 Mimi Cuono  
 David Maloney  
 Rachel Flint  
 Steven Zenizo  
 Leland Bracy  
 Bill Terrazas

Walter Henrich  
 Phyllis Henrich  
 Albert Diaz  
 Robert Shelby  
 Dorothy Fuerstenberg  
 Mark Cowie  
 Maureen Schlosser

Charles Soulé  
 Carolina Soulé  
 Cliff Bentz  
 Anita Garcia  
 Allen Grandel  
 Ana F. Marquez  
 Arianna Peralta

Dorothy Flanagan  
 Jose Romero  
 Norma Jean Deskus  
 Deigo Zell  
 Eva Gutierrez  
 Annamarie Mudd  
 Ronald Knudson  
 William Pettit  
 Marilyn Nevins

## Mass Intentions



One of the greatest acts of charity is to pray for the living and the dead and the most powerful prayer we have is the Mass. For this very reason, having a Mass offered, what the Church calls a Mass Intention, for loved ones who have died, for the living who have a special

need or celebration, or in thanksgiving to God, the Church is able to intercede for us and apply special graces from God upon that individual, blessings, or thanksgiving. To request a Mass Intention, call the office at 520-825-9611 or [lobby@santacatalinaparish.org](mailto:lobby@santacatalinaparish.org).

## Stewardship

<b>Weekend May 11-12</b>	<b>Totals</b>	<b>Attendance</b>
<b>Offertory</b>	<b>\$ 20,848</b>	<b>1020</b>
<b>Major Maintenance</b>	<b>\$ 806</b>	
<b>Total</b>	<b>\$ 21,654</b>	
<b>Last Year's Offertory</b>	<b>\$ 12,865</b>	<b>974</b>
<b>Parish Rectory</b>	<b>\$ 3,350</b>	



## This Is My Body By Colleen Jurkiewicz Dorman

A friend in high school once asked me why I wore a Crucifix around my neck. She was a Christian and very devout, so I was surprised at her confusion. “To remember Jesus’ sacrifice,” I said.

Her upper lip curled in disgust. “The cross is a sign of Jesus’ sacrifice,” she said. “He’s not on the cross anymore. It’s really weird that you wear his dead body.”

As someone raised Catholic, the Corpus was an image I knew intimately. We had Crucifixes all over our home, everyone in my family did. And for reasons I couldn’t quite explain, I actually preferred them over the plain

crosses I saw elsewhere. The crosses seemed more elegant, more refined — but the Crucifixes felt more complete. More to-the-point.

My friend’s disgust compelled me to reflect, in a way I never had before, on the image of Christ’s body, wounded and twisted and tortured. Why was this a visual that compelled me? It didn’t make a lot of sense for someone who abhorred dead bodies so much that I found it difficult to look into a casket at a wake. So, what was different about this?

My friend wasn’t wrong: Christ is no longer on the cross. The sacrifice has been made. But does that mean it is over? We re-

present it every single Mass. It’s the point of everything that we do. Jesus did not sacrifice his spirit; he sacrificed his body. He bought us with every tear of the flesh, with every drop of blood.

The cross is crucial, yes. But that wood didn’t bleed for us. If the body wasn’t the point, Jesus would not have become human at all. Jesus needed the body.

We need it, too.

“While they were eating, he took bread, said the blessing, broke it, gave it to them, and said, ‘Take it; this is my body.’”

— Matthew 26:26

## Why do we do that?

### Question:

What are the “fruits” of Holy Communion?

### Answer:

The Eucharist, like all sacraments, offers its own unique grace. We receive a special share in God’s life that helps us in our faith journey. We are given all we need to sustain and nurture our relationship with God. The Eucharist is the source and summit of the Christian life.

Everything we are and everything we hope to become is found in this sacrament. It is essential to the life of the church, to each member of the church. Without it, there is no church. The Eucharist is the center of our spiritual life and has enormous effects on our growth, our holiness, and our way of life. The fruits of holy Communion are the benefits one receives from the sacrament. These fruits of holy Communion are discussed in the catechism in the article on the

Eucharist. The primary benefit is union with Christ. We become one with him sacramentally, just as we hope to become one with him for eternity. The Eucharist also separates us from sin, both past and future. It forgives the venial sins of the past and, by the love we receive, protects us from mortal sin in the future. The church community is also unified and strengthened by the Eucharist. It unites us to the poor and offers the pledge of eternal life.

## Meet the Ministry - Sr Jose Women's Center Ministry

We honor the legacy of Sister Jose' Women's Center to care and nurture homeless women within our community, and to support their vision "where every homeless woman has a safe harbor and a path to a sustainable life."

Volunteers from our parish provide needed services at the center helping to meet the daily needs of the women:

- You may welcome our guests at the reception desk and help them with services of our Drop In program: showers, laundry, respite.



- You may prepare and serve breakfast, snack lunches or organize a team to provide our famous soup suppers.
- You may use your special skills to share with our guests, like arts and crafts, yoga, sewing or massage.
- You may help our ladies select clothing from our retail shop.
- You may help receive and sort donations of clothing.

An orientation and screening is provided for all volunteers. If you are interested in joining the ministry, please contact us at [sajm@santacatalinaparish.org](mailto:sajm@santacatalinaparish.org).

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## Donations Needed for Refugees

The Refugee Ministry needs help with donations to set up apartments for refugees approved by the United Nations to come to the U.S. The following items are needed:

Dishes, plates, cups, bowls, kitchen supplies. Furniture like sofas, kitchen tables and chairs, coffee tables, chairs. Items to setup a "home" that has nothing,

No used linens or towels please, these items must be new.

Volunteers are needed to help collect donations and deliver them to Lutheran Social Services. Please send an e-mail to [sajm@santacatalinaparish.org](mailto:sajm@santacatalinaparish.org) to help or donate.

Monetary donations accepted at [lss-sw.org/donate](http://lss-sw.org/donate)



## Why I Volunteer

When we moved to Arizona 19 years ago, I decided to volunteer with ministries that would make life easier and hopefully a bit better for people in their daily struggles. One of the ministries that caught my attention was an opportunity immediately next door to Santa Catalina - The Catalina Mountain School of the Arizona Department of Juvenile Justice. This was a detention facility in which a group of parishioner volunteers worked one on one with the teen youth on their school work and

mentoring them with life's daily challenges. Working with these boys gave me a real insight into the challenges so many young people in our society face today, especially those who don't have strong families to guide them; some even have families that may be the cause of the youth's issues. Today, I still have contact with one of the boys I first met when he was 16 and is now 34 and serving out a 13 year prison sentence.

I have enjoyed many different volunteer experiences, among the

more interesting and fulfilling have been the Casa Maria Soup Kitchen for the homeless in South Tucson and working with the Refugee Ministry to help the Congolese refugee family of 11 children that came to Tucson and today is doing very well in Louisville, KY.

I try to always remember that "We are all made in the Image of God" and God loves us all the same, rich or poor, no matter our color or creed and we are called to serve others as we are able.

- Al Crawford

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## Helping the homeless and disadvantaged in South Tucson

Members of the *Casa Maria Ministry* go to Casa Maria Soup Kitchen to serve meals the mornings of the third Wednesday and Friday of every

month. If you are interested in volunteering, send an e-mail to [sajm@santatcatalinaparish.org](mailto:sajm@santatcatalinaparish.org).



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## Month 3 – Developing Baby - “I can suck my thumb!”

Your baby is quite active in the womb now - - although his mother won't feel him for another couple of months. If his mother's womb had a window, you could watch your spiritually adopted baby squint, swallow and move his tongue. He can make a tight fist if you touch his palm. He is

breathing amniotic fluid which continues until birth, although he obtains the oxygen his body needs through the umbilical cord. The baby you are praying for weighs one ounce. Early this month – at just 9 weeks – he began to suck his thumb.



# Outreach



## I Am Thirsty

“The future of our humanity depends on our ability to safeguard and share clean water,” decreed Pope Francis on World Water Day. Living in the desert we are constantly reminded of water’s importance. Try taking a walk, playing golf or planting a garden without water.

How can you conserve water to build our groundwater supply? Landscapes use about 40% of a households water budget. Most homeowners run their irrigation too often. It is better to water deeply and less often to encourage deep root growth. Group plants with similar water needs together and discover more desert plants to grow.

planting native trees can provide shade for people, plants and wildlife. The temperature will be 10 to 20 degrees cooler under the tree.

The University of Arizona has lots of information on irrigation (<https://waterwise.arizona.edu>).

Jesus came to bring “living water.” Let us make choices that will benefit our fellow man and planet, insuring clean, abundant water for all.

If you are interested in joining the Care for Creation ministry, please send an e-mail to [sajm@santacatalinaparish.org](mailto:sajm@santacatalinaparish.org).